

# Introduction to Pickleball

Pickleball? It's a paddle sport for all ages and all athletic levels. It has very simple rules and is easy to learn and play. It's **OVERSIZED** ping pong, played on a badminton sized court with a tennis sized net. Use a paddle to keep a plastic ball going back & forth over a net until somebody messes up.

**All ages are welcome to come out and learn this fun and exciting sport!!**

**Tuesday July 22nd or  
Thursday August 7th  
9am to 11am**

**Fuller Lake Park Pickleball Courts  
FREE**

**You must call 250.246.3811 and get your name on the list so we know how many people will be attending.**



Vancouver Island Pickleball Association

*Promoting Pickleball on Vancouver Island*

[www.vipa.ca](http://www.vipa.ca)

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**NORTH**  
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Parks and Recreation